

# Respiratory Illness Info Sheet

inSPIRE Version 1.0

## What tests will be done on my nose and throat swabs?

Your nose and throat swabs will be tested for the following viruses:

- **Influenza (flu)** There are two types of influenza that make people sick: influenza A and influenza B. Influenza A is divided into two subtypes: influenza A(H3N2) and influenza A(H1N1). To find out more about influenza, please visit: [www.cdc.gov/flu](http://www.cdc.gov/flu).
- **SARS-CoV-2 (COVID-19)** SARS-CoV-2 is the virus that causes COVID-19. To find out more about SARS-CoV-2, please visit: [www.cdc.gov/covid](http://www.cdc.gov/covid).
- **Respiratory Syncytial Virus (RSV)** There are two types of RSV that make people sick: RSV A and RSV B. To find out more about RSV, please visit: [www.cdc.gov/rsv](http://www.cdc.gov/rsv).

The results of tests listed above will be recorded in your Marshfield Clinic Health System medical record where you can see them. We will also try to call you if you test positive for influenza, COVID-19, or RSV.

We will test your nose and throat swabs for other germs that cause respiratory illness, but the results of these tests will not be returned to you.

## When will I get my results?

Test results are usually available within one week. There could be unexpected delays though. Research tests are not done as quickly as tests your healthcare provider might order for you.

## How can I see my results?

When your results are ready, you can view them in My Marshfield Clinic. To access My Marshfield Clinic use the mobile app or visit [www.marshfieldclinic.org](http://www.marshfieldclinic.org) and click on the My Marshfield Clinic icon in the upper right hand corner. You will be directed to the login page.

To access your results from the My Marshfield Clinic website, navigate to the left bar and select 'Lab Results & Vitals' under the 'Health Record' dropdown. If using the mobile app results will be located under 'Test Results'. You may receive an email from My Marshfield Clinic letting you know new information is available in your account.

The screenshot shows the 'Lab Results & Vitals' section of the Marshfield Clinic Health System portal. It features a navigation sidebar on the left with 'Lab Results & Vitals' highlighted. The main content area is titled 'Lab Results & Vitals' and includes a 'Viewing health record for PORTALTEST, BECCA A' header. Below this is a 'Most recent results' section with a date range filter (Start date: 05/02/2024, End date: 05/09/2024) and a 'Submit' button. The results are categorized under 'Molecular Pathology' and include three entries: COVID19 MCRI (Negative), Influenza A MCRI (Positive (Abnormal)), and Influenza B MCRI (Positive (Abnormal)). Each entry shows the date and time (May 09, 2024 03:56 p.m. CDT) and the reference range (Negative).

## What if I have questions or concerns about my results?

Research tests are not intended to replace tests your healthcare provider may order for you. If you are concerned about your results, symptoms, health, or exposure, please contact your healthcare provider. In an emergency, dial 911.

If you have questions related to this research study you can contact study staff by email ([inspirestudy@marshfieldresearch.org](mailto:inspirestudy@marshfieldresearch.org)) or phone (877-905-4053). However, researchers cannot diagnose or treat illnesses, or provide medical advice.