

# Instructions for Collecting Stool using 2 Methods

PACC-ER Version 1.0

Questions: Please call 800-468-9700 or email [pacc@marshfieldresearch.org](mailto:pacc@marshfieldresearch.org)

- We would like you to provide **2** stool samples at your next bowel movement.
  - 1 using the standard method with a toilet ‘hat’ and scoop (**BLUE** kit #1)
  - 1 using a wipe (**GREEN** kit #2)
- This will help us find out if wipes can be used to detect germs that cause gastrointestinal illnesses.

## Important:

- Please read all instructions before starting.
- Keep kit away from children and pets. Do NOT drink the liquid in the tubes. If swallowed, call a physician IMMEDIATELY.
- You will need a pen to write the collection date on the tubes.
- We don’t know how well the wipe will work. So, if you decide to provide only 1 sample, use the **BLUE** kit #1 to collect the stool sample with a ‘hat’ and scoop (skip steps 4-6).
- **Do now:** Remove the ice pack from the kit and put the ice pack in the freezer.
- **For those who wear diapers:**
  - BEFORE the bowel movement: Place a diaper liner in the middle of the diaper.
  - Use a new diaper and a new liner if the participant urinates without a bowel movement
  - Collect a stool sample from the diaper. Follow the instructions, but skip steps 2, 3 and 10.
  - Throw away the diaper and liner after collection.

### Inside the **BROWN** box:

- (1) Ice pack (1) Gloves



- (1) Shipping envelope



- (1) Stool kit # 1 with **BLUE** label

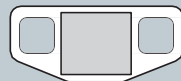


- (1) Stool kit # 2 with **GREEN** label



### Inside Stool kit #1 with **BLUE** label:

- (1) Toilet “hat”



- (1) Diaper liners (if requested)



- (1) Biohazard bag with the following inside:

- (1) **ORANGE** top collection tube with **RED** liquid inside



- (1) Absorbent sheet

### Inside Stool kit #2 with **GREEN** label:

- (1) Biohazard bag with the following inside:

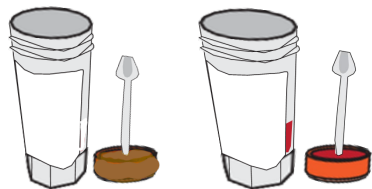
- (1) Absorbent sheet

- (1) **BROWN** top collection tube with clear liquid inside



- (1) Bunny wipe™

## 1. Prepare tubes.



- Remove tubes from both kits.
- Place on flat surface near toilet and uncap.
- Spoons on cap should face up.

## 2. Set up "hat".



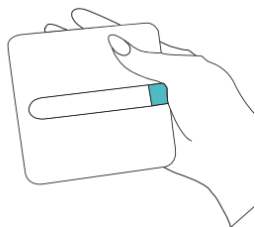
- "Hat" is in **BLUE** kit #1.
- Stick "hat" to toilet seat.
- Place toward back of the bowl, near the tank.

## 3. Bowel movement.



- Catch stool in "hat".
- Try not to urinate on stool.

## 4. Use wipe.



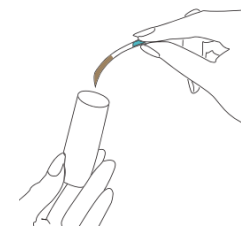
- Wipe is in **GREEN** kit #2.
- Use before toilet paper.
- Hold near blue tab and try to get stool on removable strip.

## 5. Peel strip.



- Hold the blue tab.
- Gently peel strip off wipe.

## 6. Put strip in tube with CLEAR liquid.



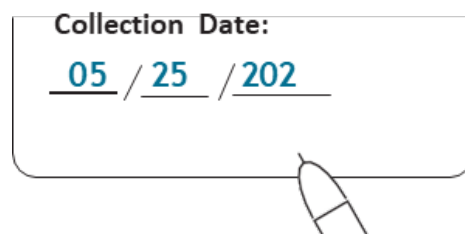
- Tightly cap with **BROWN** cap then gently shake.
- Discard rest of wipe.

## 7. Scoop stool in tube with RED liquid.

- Use provided gloves.
- Fill until liquid reaches red line.
- Sample from several areas of the stool if possible.
- Tightly cap with **ORANGE** cap then gently shake.



## 8. Write date on tubes.



- Write today's date on both tubes.

## 9. Put tubes in bag.



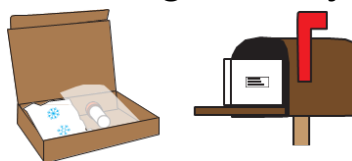
- Put the tubes in the biohazard bag.
- Remove the adhesive tab on the bag and fold the top of the bag over at the slit.

## 10. Clean up.



- Empty "hat" into toilet and flush.
- Throw "hat" away – do not flush.
- Remove gloves and wash hands with soap and water.

## 11. Mail right away.



- Keep tubes in refrigerator and ice pack in freezer until mailed.
- When ready to mail, put ice pack and biohazard bag into box.
- Put box into pre-paid envelope.
- Seal envelope and mail.

## Questions?

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