

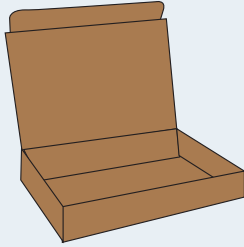
# Stool Sample Collection Instructions

PACC-ER Version 1.0

Questions: Please call 800-468-9700 (toll-free) or email [pacc@marshfieldresearch.org](mailto:pacc@marshfieldresearch.org)

## Each kit contains:

(1) Box



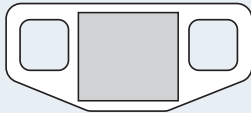
(1) Prepaid shipping envelope



(1) Gloves



(1) Toilet "hat"



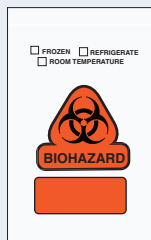
(3) Diaper liners (if requested)



(1) Ice pack



(1) Biohazard bag



*Inside the biohazard bag:*

- (1) Collection vial with liquid inside and scoop in the cap
- (1) Absorbent sheet



*Other items needed:*

- (1) Pen



## Safety information:

Keep kit away from children and pets. Do NOT drink the liquid in the collection vial. If swallowed, call a physician IMMEDIATELY.

## Important:

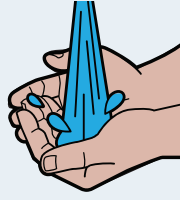
- Please read and follow instructions before starting.
- **Do now:** Remove the ice pack from the kit and put the ice pack in the freezer.
- **FIRST** bowel movement after receiving this kit: Collect the sample.

## Instructions:

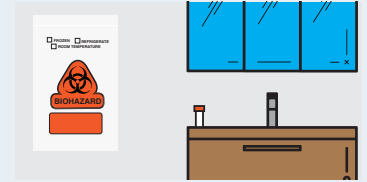
### For those who wear diapers:

- BEFORE the bowel movement: Place a diaper liner (included in the kit) in the middle of the diaper.
- Use a new diaper and a new liner if the participant urinates without a bowel movement
- Collect a stool sample from the diaper. Follow the instructions, but skip steps 3-5 and 10. Throw away the diaper and liner after collection.

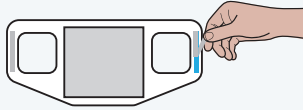
1. Wash hands thoroughly with soap and water. Dry hands.



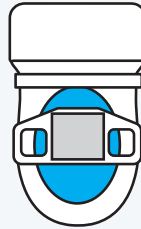
2. Remove the collection vial from the biohazard bag. Put the vial on a clean, dry surface in the bathroom. Leave the absorbent sheet IN THE BAG.



3. Remove the toilet "hat" from the kit. Peel the paper lining from the back side of the double-sided tape on the outer edges of the "hat".



4. Place the "hat" over the toilet seat towards the back of the bowl, near the tank.

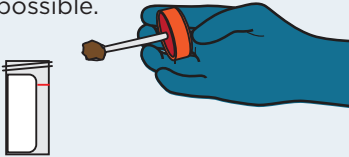


5. Expel the bowel movement (stool sample) into the "hat".

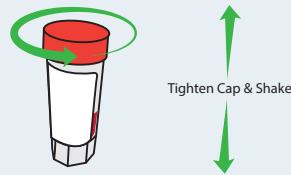


*Try not to urinate on the stool.*

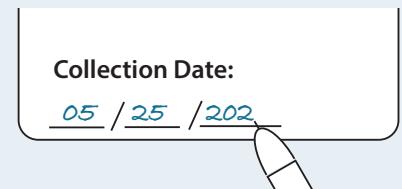
6. Put on gloves. Open the collection vial. Use the spoon on the vial cap to transfer the stool into the vial **until the liquid reaches the red line**. Sample from several areas on the stool, if possible.



7. Put the cap back on **TIGHTLY** and shake the tube to mix.



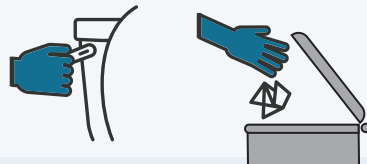
8. Write the date the sample was collected on the outside of the vial.



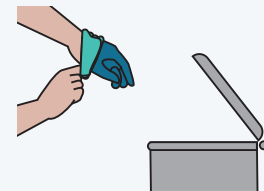
9. Place the vial into the biohazard bag. Remove the adhesive tab on the bag and fold the top of the bag over at the slit.



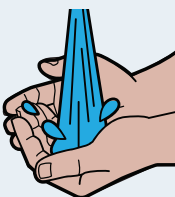
10. Empty the 'hat' in the toilet and flush stool and toilet paper. Throw the 'hat' away. Flushing the 'hat' in the toilet can cause damage to the sewer system or cause backups in your home.



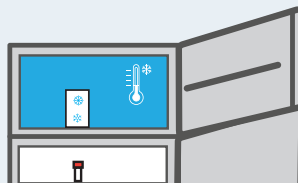
11. Remove the gloves and throw them away.



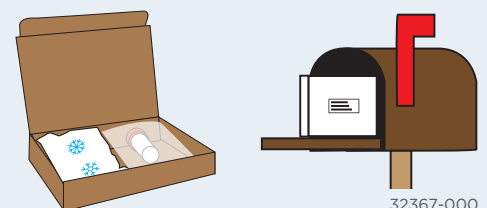
12. Wash hands thoroughly with soap and water.



13. Mail the kit as soon as possible. Do NOT put the kit in the mail on Sunday. Store the vial in the refrigerator and the ice pack in the freezer until mailing.



14. When ready to mail, put the ice pack and biohazard bag into the box. Put the box into the pre-paid shipping envelope. Seal the envelope and mail.



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